

COOK ACTION

A MUST-HAVE BOOK FOR EASY & HEALTHY COOKING EVERYDAY

200,000 copies already sold in France

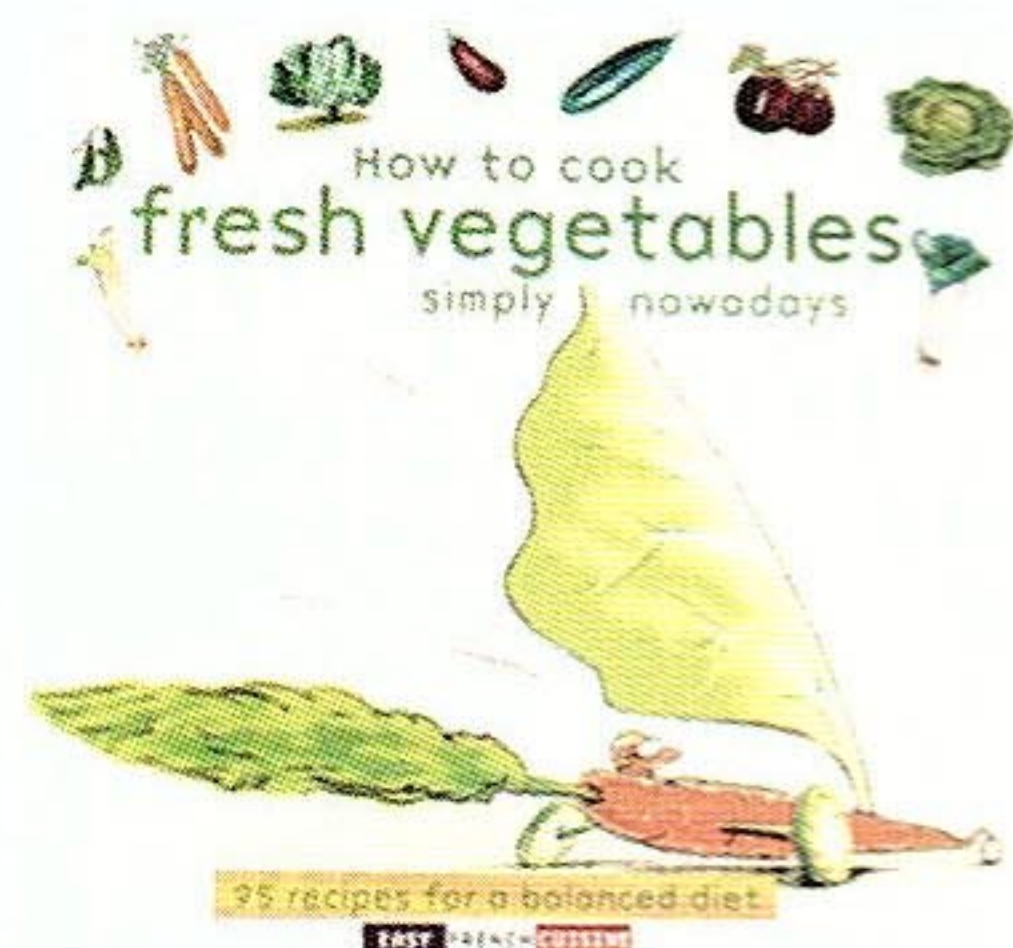
Success ingredients:

- 20 most commonly used vegetables
- 95 quick & easy recipes
- Step by step pictures
- Health tips on each vegetable with healthy benefits & nutritional qualities

Informative facts on origin, season & preservation.

Display stands available on request for 8-10 books & 40-50 books.

How to cook fresh vegetables simply nowadays: a practical guide that makes healthy eating easy & accessible to everyone



WHY LIST?

A great, informative and easy to follow book, make some shelf space available for this edition and encourage your customers to eat and cook healthily and easily.

